

## FUNDRAISING FOR OUR RESCUED ANIMALS...

We are incredibly grateful to everyone who kindly raises funds for our rescued animals by organising sponsored events. These range from head-shaves, to walks, bicycle rides and even bungee and parachute jumps and much more. Our supporters are not only compassionate, but also very brave (and fit!)

We would like to thank each and every one of you and we wish we had space to feature all of your challenging endeavours that mean so much to us all at Hillside.

Below, Rosemary and friend Celia stay put, while enduring all weathers to raise funds for our animals.

Over years of dedicated fundraising they have raised thousands for our animals...

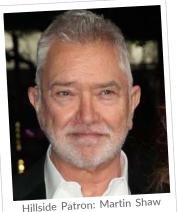


Above meanwhile, as BBC Journalist Raffi Berg turned 50, he wanted to do something challenging to help our animals and jumping out of a plane at 15000ft seemed like a good idea!

He was right - because he raised well over £12000. Thank you Raffi!



## Home to 4000 rescued animals...



...while campaigning on behalf of others in need, particularly the millions who suffer every day in the intensive factory farming industry.

#### Hillside Animal Sanctuary

Hill Top Farm Hall Lane Frettenham Norwich NR12 7LT

#### Hillside Shire Horse Sanctuary

West Runton Norfolk

**2** 01603 736200

www.hillside.org.uk

## Hillside 2021 Open Days

We hope to welcome visitors to
Hillside Shire Horse Sanctuary at
West Runton later in 2021.
However, due to the unpredictable
nature of Coronavirus, please check
our website
www.hillside.org.uk

before visiting or ring 01603 736200

## PLEASE HELP OUR HORSES NEED VACCINATIONS TOO



Shane and Foster waiting for the warmer weather when they can go out into their summer meadows.

### The Importance of Immunisation

At this time of year, our horses, ponies and donkeys are looking forward to going out to graze for the summer. Before this happens our staff are very busy preparing them for the season ahead. All the horses are de-wormed, foot-trimmed and very importantly have their annual Equine Influenza booster vaccinations to protect them against 'Flu (and Tetanus every third year). Having first hand experience of the current human pandemic, everyone will be fully aware of the importance of vital vaccinations. Like COVID-19 in people, Equine Influenza is a life-threatening disease of horses, especially for the older animals, and donkeys of all ages. This is why we always ensure all our equines are adequately immunised. Pockets of this deadly virus are always around, but only hit the headlines when it affects the racing industry.

### It's Time to Protect our Four-legged Friends...

Our first batch of 500 inoculations (including for Tetanus this time) have arrived and we are ready to begin our initial 'roll out' of booster vaccinations this Spring. This single injection would cost an average horse owner £50 per animal but, you will be relieved to know, because we order in bulk, it costs just £20 per horse. A big saving, but as you can imagine, with so many horses, ponies and donkeys to vaccinate, that is still a lot of funds for us to raise to keep them all safe. This task is made even harder following the impact of COVID and the particularly wet winter.

If you would like to donate towards this important vaccination programme, all contributions, however small, will be SO gratefully received... You may donate on the back page or ring our DONATION HELPLINE

01603 736200 (9am-9pm 7 days)

## SPECIAL CARE STABLES NOW IN USE...

When we took over our new 130 acre farm in 2017, there were many improvements needed. The entire farm needed fencing, reseeding and generally tidying up. These were massive tasks but

with our supporters' help, the whole farm was soon in operation for our rescued animals. Our next project was to convert the right hand side of the main barn (above) into five useful stables (with doors leading out to the concrete area on the right) for animals that need veterinary treatment. This barn space now provides five spacious stables which previously could only be used for storage. We are very grateful to everyone who donated toward the cost of this vital work.





## **OUR BOREHOLE IS FINALLY OPERATIONAL...**



The borehole being drilled...

Last year we asked for our supporters' help when we found the water supply on our new farm, which had previously been supplied for free by a kind neighbour, was in jeopardy after their business was sold. Unfortunately, installing our own borehole took longer than we had anticipated. The electrics, which dated back to the 1940s when the farm was part of a WWII airfield, needed to be completely updated in order to support the borehole.

We are so pleased that now the electrics have been fully replaced, we have finally been able to install our new borehole. Thank you so much to everyone who kindly donated toward this important project which will ensure that we have a constant supply of fresh water for the many rescued animals who live at the farm.

## Goodbye Dear Frosty...



We miss Frosty very much, but know he had a long and happy life at Hillside.



We were so sad to lose Frosty last year. He was one of 35 horses and ponies who came to Hillside in 2011 after the 'Quality of Life' Sanctuary was forced to close. Frosty reached the grand old age of 38 and was one of our most senior and muchloved residents.

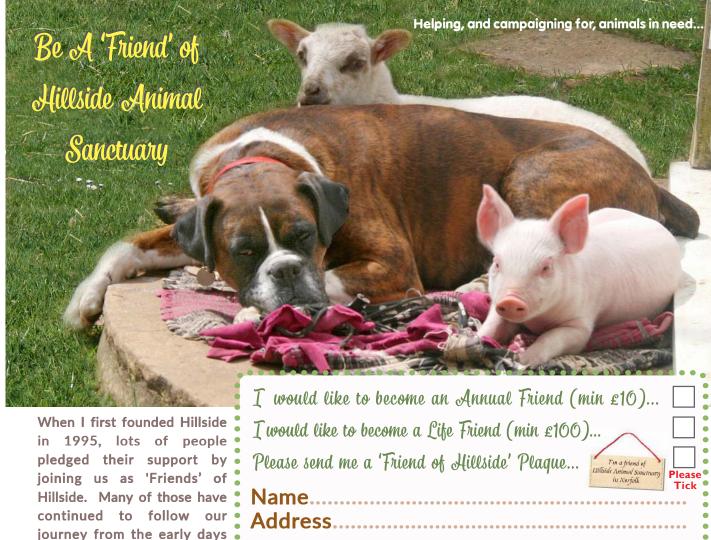


# DIXIE AND DAWSON

Dixie and her foal Dawson are just two of many horses and ponies we have taken in from stray horse pounds around the UK. As usual, in situations like this, Hillside was their last chance. Thank you so much to all our supporters for making this vital work possible.

A local vet called to see if we would take Charlie in after his owner had asked for him to be put to sleep. Unfortunately, once at Hillside, it became clear that Charlie had aggressive tendencies which would make it hard for us to find a home for this cute looking bundle of gnashers. However, because he wasn't settling well into kennel life, to give him a chance, Wendy our founder, took Charlie home to see how he would get on there. After a few hiccups where Wendy learnt the hard way, to recognise his 'mood swings', Charlie has settled in well and finally seems to have found a home where he can live a contented life.



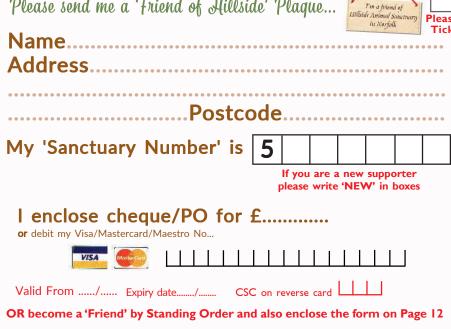


If you would like to become a Hillside Friend, we suggest a minimum of £10 yearly for annual Friendship (you will be offered the chance to renew each year) or £100 for Life Friendship. Whatever you choose to do, you may also request a plaque, as shown, to be included with your

Friendship Certificate.

until now.

Wendy Valentine







We were made aware of a horrific situation where a group of horses had been discovered in a badly emaciated condition. Most of the herd had already died of starvation and lack of water. The local authority was able to seize the remaining animals and take them to the stray horse pound, where they could be fed and watered. We were asked to help and, of course, agreed to take the surviving horses. These included a very poor, but heavily pregnant mare, who we called Isobella, along with her last year's foal. All received very special care at Hillside and Isobella, who probably wouldn't have survived much longer if help hadn't arrived, went on to safely give birth to a healthy foal we named Brooke after a young supporter who

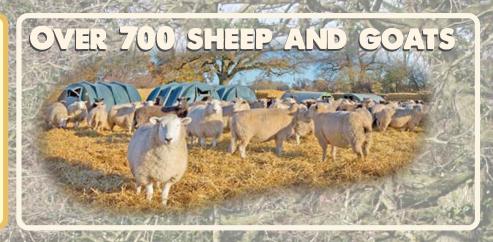


A few weeks later and all recovered, Isobella with her new foal, Brooke and below, her previous foal, Thomas with Cameron...





In addition to huge quantities of hay, our animals also need lots and lots of straw with which we bed them down during the winter to give them a dry place to stand and rest.





LOTS OF SMALLER ANIMALS.





This poor swan was enjoying life on a pond

enjoying life on a pond
with her partner and family
of five cygnets when they
were unfortunately
trampled by a farmer's
spooked cows. Sadly
her partner and all five
of the cygnets were
killed in the stampede.
We were called out to

help and collect the distressed mother who had also been injured. She received veterinary care, hydro and physiotherapy

to help her walk again.
She made a full recovery and is now living on a
Hillside pond with other rescued swans and ducks.

Newly-born, this Muntjac fawn came to us after being spotted among traffic on a village road. After some





# WILDLIFE RESCUES

This young swan was found marooned

in the middle of a main road unable to walk. The Police stopped all the traffic and called on us to help. We collected the distressed cygnet and on arrival at Hillside, we saw that she had lost the use of her leg. Our vet confirmed that she had sustained a fracture but was sure that it would mend. With complete rest, we are delighted to see the young bird has gradually regained strength







We were called at midnight on New Year's Eve to take in this Water Deer, who like the swan was found sitting in the middle of a busy road. She had obviously suffered a glancing blow from a vehicle and was badly concussed. Fortunately for her, that evening a Hillside supporter spotted her and brought her to us. We let her rest and supported her with pain relief and electrolytes and she has





A Short Film About Wendy...



My Sanctuary No is:

Please send to:

The Unbound Project asked BAFTA winning filmmaker Alex Lockwood to create a short character piece about our founder, Wendy Valentine, and her life's work at Hillside helping animals in need. If you'd like to watch it, please scan the QR code with the photo app on your smartphone.

This Standing Order is for: **Donation** 

(please tick as appropriate) **Friend** (Page 6)

Adoption (Page 17)



A small monthly donation will help provide us with regular funding to ensure continuous care for the animals

It is only through your kindness that we can continue to rescue and campaign for other animals in need . . .

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A/C N	ay Hillside Animal S o 70560088 Sort Co Bank, 69 London St	
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## In Loving Memory



If you would like Hillside to receive donations in memory of a loved one i.e. in lieu of flowers, we would be happy to set up a Memorial Page on our website

Hillside Animal Sanctuary, Hall Lane, Frettenham, Norwich NR12 7LT

Please ring our Sanctuary office 01603 736200 for more information



In January and February 2020 our maintenance teams worked non-stop to repair damage caused by four consecutive storms that battered Hillside and many other parts of the UK. First Storm Brendan, then Ciara, Dennis and finally Jorge, all swept through causing damage. Most was repairable, but one shelter (above) which

protected some of our heavy horses from winds coming off the North Sea at our Shire Horse Sanctuary at West Runton was, as you can see, totally

beyond repair! Luckily no animals were hurt during these severe gales! Once again our supporters came to the rescue by responding

The new shelter nears completion...

to our Storm Damage Appeal, and a lovely new shelter was up and ready for the horses to use again.

Below, finished and protecting our rescued horses in time for winter. Thank you so much to everyone who kindly donated to help us build this vital shelter for our rescued animals...



## THE MISERY OF FACTORY FARMING...

As more people become aware of the dreadful way factory-farmed animals are treated in the UK and how mass farming around the globe is negatively affecting the health of humans and the planet, we hope that, one day, scenes like these become a thing of the past. Unfortunately they are still legal and commonplace in the UK and we will continue to investigate and make people aware of the horrors that factory farmed animals endure...









Lots of people have called us about the recently published pictures showing the shocking and disrespectful attitude towards deceased racehorses from a trainer and a jockey.

We have been contacted by an ex-racehorse trainer who left the industry in disgust after constantly witnessing abuse of horses.

Below is their report . . .

## WELCOME TO RACING.

s a person on the outside looking in, the world of horse training looks like a world for the elite, working with such elegant animals a lot of the time belonging to the rich and famous, rubbing shoulders with the wealthy as you gently care and nurture these impressive animals for their owner. Unfortunately, that scene is a long way from the truth.

Charlie Brooks wrote an article in The Telegraph (January 2006), in which he blames modern trends and inexperienced stable staff for the spate of injuries to racehorses. His theory is that the standards of the staff within the stables have dropped, a simple need to get paid, more important than any form of pride in their work or any form of caring for the animals involved. Another of his theories is based on the modern day need to create more profit, at the same time less expenditure. The amount of horses that are being taken on by trainers has often increased from what used to be the normal two or three and they are now finding they have to train more animals in less time. He states quite rightly that it physically isn't possible to train and condition tendons, ligaments and muscles in a 45-minute walk, especially at the beginning of the season when the tissue strengthening foundations are laid. And the fact remains, regardless how many horse walkers a trainer has, the horse is a finely tuned, muscular animal and in the same way an Olympic athlete couldn't win the gold

medal 100-metre sprint by training on a tread mill, a horse needs open fluent exercise and to be ridden by a trained person that can work out all of the different muscles and use himself properly. However you look at it, a walk just isn't going to do that.

Old money owners have always appreciated if you want the best from your horse it takes time to develop and mature adequately. Unfortunately, they have mostly disappeared, being replaced instead by new money owners that see owning a horse as a statement within their social circles, and just want the horse to run on their wife's birthday and cost as little as possible for the rest of the year. These facts were a true account in 2006 and are escalating today, creating more fatalities and injuries. To a degree, the finger has to be pointed at the stable staff whose job it is to look after the horse on a daily routine, albeit to a budget of the owner. Training fees have increased over the years, however stable staff wages haven't increased at the same rate, and inevitably job satisfaction is at an alltime low, meaning a number of staff leave to seek new careers, forcing trainers to find alternative staff with lower wages. More often than not, staff see the role as a job, a way to get paid, not a passion, not something to enjoy and do your best at. Stable staff are often inexperienced with little or no knowledge of horses, being employed by trainers that are taking on too many horses in the first place. The result - a surprisingly high number of violent and unacceptable abuses against the animals.

A jaw breaker, (a short and violent jerk on the reins) is a daily occurrence, this results in a sore mouth and at worst, a cracked iaw and most will never be treated, or perhaps a few hefty kicks in the stomach, or the favourite is a kick between the colts legs when dismounted!! But the list doesn't end there... constant beatings with pitch forks and brooms, these really are daily occurrences and the whole thing happens behind the closed doors of the racecourse stables where only those with a security pass can enter and when you see the damage they cause to these amazing creatures it's not entirely surprising they want to keep it hidden. At every race meeting I attended, the sickening abuse became worse, and there were no exceptions. On a number of occasions I tried to intervene, but was told in no uncertain terms that I was bringing racing into disrepute as they were not employed by me, and yet in the distance I see a girl returning to her stable after her horse had run. She was kicking him hard in the stomach and exclaiming to the animal that he would be 'glue' the next day, at which point she tied him up and continued to abuse him with punches to the face and a broom across his back.

### Welcome to Racing... (Continued)

Once she was behind him she gave a few whacks between his legs for good measure! Before this got completely out of hand. I sent my assistant in to intervene. Five minutes later, the horse's owners arrived and the groom proudly showed off their very expensive pride and joy, which not long before she had been beating the life out of. The favourite saying towards owners is keeping them in the dark and feed them plenty of s\*\*t!! It rings very true today and this is by no means an isolated case. At a different meeting a lad returned with his horse, having obviously lost a week's wages on him, put him straight back into the stables and set about beating him over the head with the lead reins, followed by the normal kicking and punching. He then left the stable and headed for the stable lads canteen, at which point I ran over and made sure the horse was ok. Had the stable lad taken the time to notice or indeed had the

knowledge to see, he would have noticed the horse had run so badly because he had 'burst' (rupturing of trachea/lungs) with blood trickling down from both nostrils, I informed the racecourse vet, who promptly went mad after being told the stable lad was now enjoying a coffee.. it's nice to occasionally find some that still care about the horses.

The epitome of the abuse and the suffering towards the horses behind closed doors came when one of my owners offered to drive me to the racecourse to check the day's runners, when we came across two men trying to load a two year old filly into the horsebox. I recognised her as she had won earlier in the day, yet it appears winning isn't enough, as she was still being violently beaten with brooms, and being kicked in the belly and punched in the face. My owner thinking this wasn't a way to treat an animal asked them to leave her alone, at which point they told

him to \*\*\*\* off. He turned to me and asked why I didn't intervene and get the name of their trainer... my answer was clear and definitive - one of those two men WAS the trainer. Welcome to racing...

So next time you think about the fun filled, shoulder rubbing, wealthy lifestyle of horse racing, remember these incredible muscular creatures are often being brought to their knees with vicious and violent abuse by trainers and stable hands alike, the two groups of people that are being paid to look after them in the first place..."

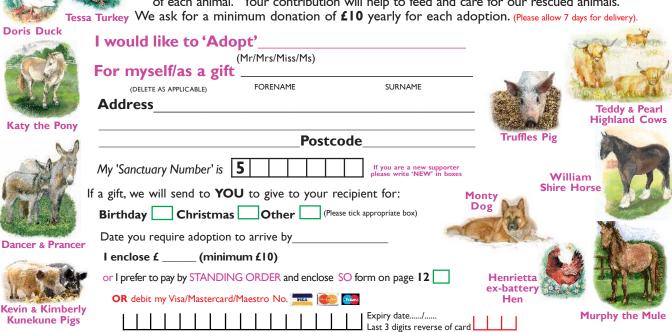
At Hillside, we have lots of rescued ex-racehorses.

Soul Train, is just one and you may 'adopt' him below to read his story.

Soul Train an ex-Racehorse



Adopt one or more to receive a certificate, twice yearly photograph Danny & Adele of each animal. Your contribution will help to feed and care for our rescued animals.



Cards and Gifts...



Horse & Dog Cartoon Greeting Cards

Pack of 10 assorted amusing designs 8" x 6" with envelopes.

HORSE or DOG

each pack





Hillside Sanctuary Scenes Note Cards

Blank inside for your own message Pack 10 different scene cards (6" x 4" with envelopes)



Rainbow Sheep 15" long x 12" high in Blue/Yellow or Pink/Yellow £13.95



Sheep
Shoulder Bag
Zip top closure
inside pocket
Main bag
| 14"x|3"
£6.95





Hillside Animal Design Deluxe Wrapping Paper 4 assorted sheets (28"x 20") featuring Farm Animals, Ponies, Dogs and Cats £4.95



er )") ies,

or Grass Green

£1.95





Donkey Christmas Cards 10 assorted donkey designs (5"x5") Now £3.95



'Away in a Manger' Christmas Cards 10 cards in design shown (5"x5") Now £2.95



Floral Cruet Set In Poppy or Lily Rose Porcelain £5.95





'Let it Snow' Christmas Cards 10 cards in 5 designs (5.5"x5.5") Now £3.95









Hillside

Jute Shopping Bag With gusset.

Main bag 16"x14"

£4.95

Face Mask Filter

Replaceable filter protects against

airborne particles

up to 2.5 microns

### **Durable Oven Cloth**

Protect your hands from hot dishes 100% cotton

CHI. Child's Hillside **Hooded Sweatshirt** In Pink & Light Grey

Sizes:

5-6 years 26" - 28" 7-8 years 30" - 32" 9-11 years 34" - 36"

£12.95

HIL.

**Adults Quality Hillside Hooded Sweatshirt** 

In Pink, Light Grey & Navy Sizes - S M L XL XXL



(Floral design may differ slightly) side Holidays by the Sea

including dates available and tariffs or visit www.hillside.org.uk

Volf & Floral Design **Facemasks** 

Re-usable 2 ply fabric with pocket for filter -

purchased separately. Outer Viscose, 19cm x 13cm Machine washable

Now £4.95

If you would like to take a self-catering holiday on the North Norfolk coast, surrounded by our rescued animals, our accommodation offers a very special holiday location for our supporters. In addition to Shire Horse House and Shire Horse Lodge, we also offer holidays in our comfortable Mobile Holiday Home. If this appeals to you, please phone 01603 736200 for further details

## Have you moved?

If you have moved please be sure to let us know your **NEW** address as well as your OLD address. Also, please let us know if any other Hillside supporters at your address have also moved. Thank you.



If you would like to secure Hillside's future, helping and campaigning for animals in need, please consider a legacy to Hillside Animal Sanctuary, so that your ideals may continue to live on through our work. Thank you for caring Please request our Legacy Leaflet

## **Foreign Coins Welcome**

If you have any loose foreign coins or notes you don't know what to do with, these too can help us feed and care for our animals.

Old pound coins and fivers are also gratefully received.



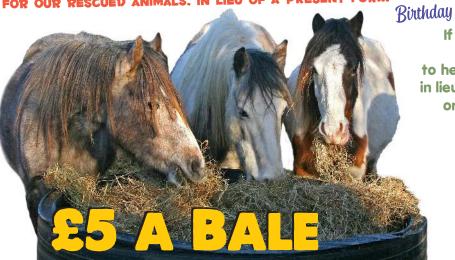
## Old Bedding for Rescued Dogs always Needed

If you live locally, we are always grateful to receive duvets and blankets suitable for dog bedding, also **old towels and sheets** for use with all our animals.

## Hillside Old Gold Appeal

To raise funds we are always very grateful to receive any items of scrap or broken gold or silver jewellery such as the odd earring you may have in the bottom of your drawer. We can turn old, unwanted gold into funds to buy fresh hay for our rescued animals. Even unwanted costume jewellery helps to raise much-needed cash for our animals.





Three inseparable rescued friends enjoying eating hay together

Anniversary Special Occasion

If you would like to donate a 'Gift of Hay'

to help feed our rescued animals. in lieu of a present to your friends or family, you will receive a

> **Greetings Card,** Gift Certificate and Hillside Notepad

to give to your recipient as a present.

You may request this below...

Please send me a receipt

Yes Please ☐ No Thank You ☐

(Please tick vour required request)

## Please enter your details here

Name
Address
Postcode

#### **BEFORE POSTING...**

for prompt delivery of your order please check the following...

- 1. Ensure you have filled in your name and address above.
- 2. You have stated design/colour of gifts where you have a choice.
- 3. All amounts add up correctly.
- 4. Your cheque/PO is signed, dated and made payable to Hillside Animal Sanctuary Ltd.

In case of query with my order:

My daytime Tel No.

My email address

Hillside is a non-profit making organisation Registered Co. No. 3027338

Please allow 7 days for delivery We always aim to send goods by return of post

### Please return to:

Hillside Animal Sanctuary Hall Lane Frettenham Norwich NRI2 7LT

## Order & Donation Form

Gift Code No	Gift Description	Price	No of items	£	р		
	Gift Total						
		P	ъ Р	£2	95		
Bale of Hay Donation If a hay gift certificate is required to give as a present, please indicate how many you require in this box  Please circle which occasion certificate is required for Birthday Anniversary Christmas Other  Donation Only I do not require a certificate  Hay Bale  (55)  (includes)  p&p							
Please send me Hillside's Anniversary Newsletter		Free					
Horse Vaccination/General Donation							
We're pleased to accept  Money Box							
CAF Charities Aid Foundation Cheques & Vouchers							
OR debit my Visa/MasterCard/Maestro No.  Valid From/ Expiry date/ CSC on reverse card							